# Teilnehmer- und Ergebnisliste 11. Ultrafriesen-Marathon

| Platz | Name, Vorname | Verein | AK | Platz AK | Runde 1 5,35km | Runde 2 10,7km | Runde 3 16,05km | Runde 4 21,4km | Runde 5 26,75km | Runde 6 32,1km | Runde 7 37,45km | Ende 42,8km |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **1** | **Dams, Frank** | **Ultrafriesen** | **M45** | **1** | **0:26:40** | **0:53:31** | **1:21:15** | **1:49:33** | **2:19:18** | **2:50:16** | **3:22:58** | **3:59:34** |
| 2 | Ehlers, Harald | Ultrafriesen | M50 | 1 | 0:31:00 | 1:02:51 | 1:35:09 | 2:07:14 | 2:38:57 | 3:10:28 | 3:38:57 | 4:07:07 |
| 3 | Hödl, Bernd | Graf Zahl | M40 | 1 | 0:28:45 | 0:58:38 | 1:29:40 | 2:00:58 | 2:31:54 | 3:04:05 | 3:37:12 | 4:11:43 |
| 3 | Bäcker, Rainer | TuS Zetel | M45 | 2 | 0:30:17 | 0:59:58 | 1:29:40 | 2:00:58 | 2:31:54 | 3:04:05 | 3:37:12 | 4:11:43 |
| 5 | Friedrichs, Wolfgang | TV Norden | M45 | 3 | 0:31:00 | 1:02:51 | 1:35:09 | 2:07:14 | 2:37:51 | 3:10:28 | 3:45:16 | 4:19:12 |
| 6 | Slaaf, Sjoerd | 100MC | M60 | 1 | 0:28:45 | 0:59:27 | 1:32:43 | 2:05:02 | 2:37:51 | 3:11:46 | 3:46:38 | 4:20:48 |
| **7** | **Rolfes,Maria** | **LT Waldschleicher Lohne / 100 MC** | **W55** | **1** | **0:34:27** | **1:10:39** | **1:44:49** | **2:17:34** | **2:51:12** | **3:24:38** | **3:55:57** | **4:26:27** |
| 8 | Thiele, Stefan | LT Waldschleicher Lohne | M45 | 4 | 0:34:27 | 1:10:39 | 1:44:49 | 2:17:34 | 2:51:32 | 3:24:38 | 3:56:56 | 4:28:12 |
| 9 | Scheffer, Ineke | 100 MC / SV Friesland | W50 | 1 | 0:34:15 | 1:09:45 | ? | 2:17:34 | 2:51:12 | 3:57:30 | ? | 4:29:19 |
| 10 | Böhm, Wolfgang | TuS Zetel | M40 | 2 | 0:30:50 | 1:02:26 | 1:33:43 | 2:05:18 | 2:41:45 | 3:15:18 | 3:54:07 | 4:32:59 |
| 11 | Pieprytza, Mike | Ultrafriesen | M40 | 3 | 0:33:31 | 1:10:39 | 1:44:49 | 2:17:34 | 2:53:03 | 3:26:25 | 4:06:55 | 4:53:49 |
| 12 | Nennstiel, Marco | | M40 | 4 | 0:35:50 | 1:14:58 | 1:53:05 | 2:43:15 | 3:14:26 | 3:54:07 | 4:32:47 | 5:11:37 |
| 13 | Britz, Werner | 100MC | M65 | 1 | 0:40:25 | 1:21:00 | 2:05:51 | 2:48:28 | 3:33:10 | 4:21:12 | 5:11:12 | 5:58:28 |
| 14 | Heydenbluth, Horst | Schortens | M70 | 1 | 0:35:50 | 1:14:58 | 1:53:57 | 2:43:15 | 3:14:26 | 3:54:07 | --- | --- |
| 15 | Iken, Matthias | Emder LG | M40 | 5 | 0:27:43 | 0:53:30 | 1:18:15 | 1:44:49 | --- | --- | --- | --- |
| 16 | Sweers, Ralf | Emder LG | M45 | 5 | 0:27:43 | 0:57:01 | 1:28:52 | 2:00:08 | --- | --- | --- | --- |
| 17 | Engberts, Kai | Oldenburg | MHK | 1 | 0:31:00 | 1:08:09 | 1:53:57 | 2:40:45 | --- | --- | --- | --- |
| 17 | Hinrichs, Jürgen | Ultrafriesen | M50 | 2 | 0:35:50 | 1:14:58 | 1:53:57 | 2:40:45 | --- | --- | --- | --- |
| 19 | Neuhaus, Stefan | | M45 | 6 | 0:53:59 | 1:51:33 | 2:51:58 | --- | --- | --- | --- | --- |
| 20 | Pieprytza, Claudia | TuS Zetel | W40 | 1 | 0:49:55 | --- | --- | --- | --- | --- | --- | --- |