

Teilnehmer- und Ergebnisliste des 16. Ultrafriesen-Marathons

#	Name, Vorname	Verein	AK	Platz	Runde 1	Runde 2	Runde 3	Runde 4	Runde 5	Runde 6	Runde 7	Ende
				AK	5,35km	10,7km	16,05km	21,4km	26,75km	32,1km	37,45km	42,8km
1	Sigl, Holger	MTV Aurich	M40	1	0:27:45	0:55:45	1:24:14	1:53:06	2:23:30	2:52:10	3:21:16	3:49:17
2	Deters, Ute	Team ERDINGER Alkoholfrei	W45	1	0:27:45	0:56:00	1:24:55	1:45:17	2:22:06	2:52:10	3:22:47	3:52:44
3	Groth, Michael	Team Laufrausch	M40	2	0:27:45	0:55:45	1:24:14	1:53:06	2:23:30	2:52:10	3:22:45	3:57:58
3	Körn, Matthias	Team ERDINGER Alkoholfrei	M35	1	0:27:46	0:55:45	1:24:14	1:53:11	2:23:30	2:52:10	3:22:45	3:57:58
5	Hödl, Bernd	Metalhead	M40	3	0:28:50	0:57:45	1:26:48	1:55:26	2:27:00	2:57:04	3:29:16	4:04:04
6	Griesch, Günter	Deichläufer Bremerhaven	M55	1	0:29:35	0:59:40	1:30:46	2:00:49	2:32:10	3:03:43	3:36:30	4:08:03
7	Böhm, Wolfgang	TuS Zetel	M40	4	0:31:55	1:04:15	1:34:39	2:05:41	2:38:59	3:10:10	3:46:10	4:21:27
8	Rosieka, Helmut	100 Marathon Club	M65	1	0:31:55	1:04:15	1:39:33	2:12:57	2:50:09	3:24:20	4:03:07	4:38:18
9	Rolfes, Maria	LT Waldschleicher Lohne / 100MC / TEA	W55	1	0:32:20	1:06:00	1:39:33	2:14:14	2:51:10	?	4:04:41	4:39:03
10	Henke, Volkmar	100 Marathon Club	M65	2	0:32:20	1:06:00	1:41:44	2:18:20	2:58:20	3:38:20	4:19:39	4:59:58
10	Henne, Hans-Albert	TSG Nordholz	M55	2	0:32:20	1:06:00	1:42:08	2:19:05	2:58:20	3:38:20	4:19:39	4:59:58
12	Baumgarten, Karl Wolfgang	100 Marathon Club	M60	1	0:32:20	1:06:00	1:42:08	2:19:05	2:58:20	3:38:35	4:20:40	5:02:34
13	Weitkämper, Wolfgang	100 Marathon Club / TEA	M50	1	0:32:55	1:08:00	1:50:36	2:28:17	3:15:38	3:58:20	4:45:08	5:27:01
14	Britz, Werner	100 MC	M65	3	0:40:30	1:22:30	2:05:45	2:45:50	3:32:30	4:20:00	5:14:57	6:10:01
15	Badtke, Irene	LG Wilhelmshaven	W70	1	0:33:30	1:11:00	1:51:02	2:37:52	3:25:20	4:09:30	---	---
16	Sigl, Gudrun	MTV Aurich	W40	1	0:31:50	1:03:55	1:38:35	2:13:38	2:53:57	---	---	---
17	Andreesen, Andres	Ultrafriesen	M45	1	0:32:20	1:08:00	1:42:56	2:19:05	---	---	---	---
18	Schrage, Olaf	Schrage Runners	M40	5	0:35:17	1:11:30	1:47:22	2:22:22	---	---	---	---
19	Körn, Kathrin	Team ERDINGER Alkoholfrei	W30	1	0:37:18	1:19:30	2:05:00	2:55:16	---	---	---	---