

Teilnehmer- und Ergebnisliste 1. Ultrafriesen-Spendenmarathon

#	Name, Vorname	Verein	AK	Platz	Runde 1	Runde 2	Runde 3	Runde 4	Runde 5	Runde 6	Runde 7	Ende
				AK	5,35km	10,7km	16,05km	21,4km	26,75km	32,1km	37,45km	42,8km
1	Sigl, Holger	MTV Aurich	M40	1	0:28:00	0:55:36	1:23:30	1:50:12	2:17:10	2:44:26	3:12:38	3:40:24
2	Groth, Michael	Team Laufrausch	M40	2	0:28:00	0:55:36	1:23:30	1:50:12	2:18:06	2:46:59	3:18:50	3:53:01
3	Frey, Jürgen	TSV Otterndorf / TEA	M40	3	0:33:30	1:02:55	1:32:06	2:01:37	2:30:55	3:00:40	3:30:45	4:04:25
4	Rzodeczko, Thorsten	Lauffreunde Emsland	M45	1	0:31:10	1:01:50	1:33:16	2:03:12	2:33:25	3:04:10	3:35:25	4:05:52
5	Körn, Matthias	TEAM Erdinger Alkoholfrei	M35	1	0:28:00	0:55:36	1:23:30	1:50:12	2:20:45	???	3:32:00	4:07:05
6	Scheper, Thorsten	Laufabteilung Langförden/DUV	M45	2	0:29:11	0:58:20	1:27:12	1:55:50	2:27:03	2:59:16	3:34:10	4:11:28
7	Vajen, Heino	Lauffreunde Osterholz	M55	1	0:30:15	1:03:20	1:33:16	2:03:12	2:33:25	3:04:10	3:36:24	4:12:26
8	Hödl, Bernd	Metalhead	M40	4	0:29:00	0:57:59	1:27:10	1:55:45	2:26:06	3:01:11	3:46:36	4:16:43
9	Böhm, Wolfgang	TuS Zetel	M40	5	0:31:10	1:01:45	1:35:34	2:08:20	2:43:15	3:18:19	3:53:01	4:28:07
10	Baumgarten, Karl Wolfgang	100 Marathon Club	M60	1	0:32:40	1:06:40	1:41:55	2:17:47	2:54:10	3:32:00	4:09:35	4:47:08
10	Andreesen, Andres	Ultrafriesen / 100 MC	M45	3	0:33:30	1:08:50	1:46:30	2:22:53	2:55:40	3:32:00	4:09:35	4:47:08
12	Leiker, Jörg Ulrich	TEA	M45	4	0:30:30	1:01:00	1:33:40	2:08:20	2:48:08	3:28:39	4:09:35	4:51:15
13	Loger, Gerhard	VfL Oldenburg / TEA	M55	2	0:32:40	1:06:40	1:41:55	2:17:47	2:54:10	3:30:45	4:13:00	4:55:10
14	Weitkämper, Wolfgang	100 Marathon Club / TEA	M50	1	0:33:30	1:08:20	1:46:30	2:22:53	3:02:15	3:41:02	4:21:58	4:56:59
15	Sweers, Ralf	Ender LG	M50	2	0:33:30	1:08:20	1:44:05	2:19:03	2:55:40	3:34:10	4:17:25	4:57:55
16	Henke, Volkmar	100 Marathon Club	M70	1	0:37:00	1:14:50	1:51:59	2:32:53	3:12:48	3:52:50	4:33:25	5:15:57
17	Britz, Werner	100 MC	M65	1	0:40:36	1:24:00	2:07:30	2:52:20	3:40:40	4:30:40	5:25:55	6:24:02
18	Agricola, Jens	Bockhorner Dwarsloopers	M50	3	0:30:49	1:01:20	1:34:26	2:05:43	---	---	---	---
19	Hennigs, Liane	Jever	W55	1	0:33:40	1:08:20	1:45:47	2:24:32	---	---	---	---
20	Ziep, Holger	Team Triple-Marathon	M40	6	0:33:30	1:13:57	1:52:29	2:36:59	---	---	---	---
21	Körn, Kathrin	TEAM Erdinger Alkoholfrei	W30	1	0:37:10	1:17:02	2:02:40	2:50:34	---	---	---	---