

Teilnehmer- und Ergebnisliste des 1. Lauf zur OOLS 2014

#	Name, Vorname	Verein	AK	Platz	Runde 1 5,35km	Runde 2 10,7km	Runde 3 16,05km	Runde 4 21,4km	Runde 5 26,75km	Runde 6 32,1km	Runde 7 37,45km	Ende 42,8km
1	*Kiene, Michael	100 Marathon Club	M40	1	0:27:02	0:54:05	1:20:36	1:47:39	2:14:13	2:40:40	3:07:58	3:34:24
1	*Sigl, Holger	MTV Aurich	M40	1	0:27:02	0:54:05	1:20:36	1:47:39	2:14:13	2:40:40	3:07:58	3:34:24
3	Körn, Matthias	TEAM Erdinger Alkoholfrei	M35	1	0:27:12	0:55:06	1:23:24	1:53:06	2:18:41	2:44:20	3:13:34	3:43:11
4	Griesch, Günter	Deichläufer Bremerhaven	M60	1	0:27:24	0:55:06	1:24:06	1:52:06	2:21:04	2:49:45	3:17:57	3:45:51
5	*Deters, Ute	Team Erdinger Alkoholfrei	W45	1	0:28:05	0:56:57	1:24:27	1:52:21	2:22:44	2:51:29	3:23:20	3:53:02
6	*Seemann, Tammo	100 MC Teichwiesen Friends	M40	3	0:27:24	0:55:56	1:24:22	1:52:14	2:21:04	2:52:37	3:23:20	3:53:48
7	Frey, Jürgen	TSV Otterndorf / TEA	M40	4	0:27:24	0:55:56	1:25:31	1:54:50	2:26:44	2:59:16	3:33:52	4:05:22
8	*Groth, Michael	Team Laufrausch	M40	5	0:27:12	0:55:06	1:23:24	1:53:32	2:25:59	3:03:48	3:41:56	4:20:42
9	Böhm, Wolfgang	TuS Zetel	M40	6	0:31:55	1:03:45	1:37:09	2:09:58	2:44:32	3:17:52	3:51:58	4:24:31
9	Rudolph, Matthias	MTV Jever	M45	1	0:34:37	1:08:15	1:41:58	2:13:14	2:45:53	3:18:21	3:51:58	4:24:31
11	Köster, Clemens	MTV Aurich	M40	7	0:31:55	1:05:33	1:39:17	2:12:21	2:45:53	3:17:57	3:52:15	4:24:35
12	Junker, Gerd	100 Marathon Club	M55	1	0:32:02	1:03:40	1:37:19	2:09:30	2:43:40	3:17:24	3:55:34	4:32:13
13	*Dams, Frank	Ultrafriesen	M50	1	0:27:24	0:55:43	1:25:02	1:54:38	2:29:36	3:03:48	3:48:43	4:33:30
14	Leiker, Jörg Ulrich	TEA	M45	2	0:30:10	1:01:00	1:32:35	2:03:28	2:38:18	3:14:49	3:54:06	4:34:32
15	*Andreesen, Andres	Ultrafriesen / 100 MC	M45	3	0:31:55	1:05:33	1:39:17	2:12:21	2:45:34	3:22:59	4:03:43	4:43:42
16	Scheffer, Ineke	100 MC / SV Friesland	W55	1	0:34:37	1:08:15	1:45:28	2:21:04	2:56:52	3:33:23	4:09:36	4:45:28
17	Henne, Hans-Albert	Grimmershörnbucht-Läufer	M55	2	0:31:28	1:03:40	1:36:28	2:09:30	2:44:20	3:24:08	4:05:57	4:47:27
18	Rolfes, Maria	LT Waldschleicher Lohne / 100MC / TEA	W60	1	0:34:37	1:13:54	1:51:31	2:30:38	3:09:22	3:51:29	4:31:53	5:13:00
19	*Rosieka, Helmut	100 Marathon Club	M65	1	0:34:37	1:09:14	1:46:15	2:21:04	2:57:11	3:43:50	4:31:53	5:16:21
20	*Pieprytza, Mike	Ultrafriesen	M40	8	0:34:37	1:11:30	1:46:15	2:21:15	3:02:27	3:46:14	4:33:17	5:20:02
21	*Weitkämper, Wolfgang	100 Marathon Club / TEA	M50	2	0:34:37	1:11:30	1:54:27	2:32:38	3:15:39	3:58:21	4:43:41	5:24:42
22	*Muetze, Willem	100 Marathon Club	M55	3	0:34:37	1:08:34	1:52:38	2:36:14	3:19:37	4:03:08	4:46:31	5:28:28
23	*Eberle, Dietrich	100 Marathon Club	M60	2	0:38:08	1:19:56	2:02:40	2:45:53	3:30:24	4:16:48	5:05:39	5:57:05
24	Britz, Werner	100 Marathon Club	M65	2	?	1:22:00	2:04:00	2:48:20	3:30:40	4:16:40	5:07:20	6:01:40
25	Körn, Kathrin	TEAM Erdinger Alkoholfrei	W30	1	0:36:38	1:18:14	1:59:32	2:41:23	3:27:30	4:15:26	---	---
26	Pieprytza, Claudia	TuS Zetel	W40	1	0:41:30	1:20:46	---	---	---	---	---	---