

|    | Name                | Zeit     |
|----|---------------------|----------|
| 1  | Michael Kiene       | 03:29:20 |
| 2  | Thomas Braje        | 03:39:15 |
| 2  | Holger Sigl         | 03:39:15 |
| 3  | Josef Baalman       | 03:48:45 |
| 4  | Frank Dams          | 03:54:15 |
| 5  | Ralf Ruppert        | 04:09:22 |
| 6  | Tammo Seemann       | 04:14:13 |
| 7  | Johann Spieker      | 04:25:30 |
| 8  | Andres Andreesen    | 04:27:48 |
| 9  | Mike Pieprytza      | 04:53:40 |
| 10 | Willem Mütze        | 05:09:09 |
| 11 | Diedrich Eberle     | 05:34:08 |
| 12 | Wolfgang Weitkämper | 05:34:15 |
|    |                     |          |
| 1  | Ute Deters          | 04:04:37 |
| 2  | Karin Schmidt       | 04:21:25 |
| 3  | Ineke Scheffer      | 04:25:30 |