

## Teilnehmer- und Ergebnisliste 7. Ultrafriesenmarathon

		<b>Runde 1 5,35km</b>	<b>Runde 2 10,7km</b>	<b>Runde 3 16,05km</b>	<b>Runde 4 21,4km</b>	<b>Runde 5 26,75km</b>	<b>Runde 6 32,1km</b>	<b>Runde 7 37,45km</b>	<b>Ende 42,8km</b>
<b>1</b>	Sigl, Holger	0:27:20	0:54:43	1:22:14	1:48:48	2:15:01	2:42:12	3:08:46	3:34:20
<b>2</b>	Riggers, Holger	0:28:32	0:57:23	1:27:00	1:55:55	2:24:51	2:53:20	3:22:09	3:50:45
<b>3</b>	Slaaf, Sjoerd	0:28:52	1:01:15	1:31:09	2:01:37	2:33:01	3:04:54	3:37:17	4:10:43
<b>4</b>	Vajen, Heino	0:30:32	1:00:31	1:31:04	2:02:00	2:33:42	3:07:59	3:43:06	4:20:53
	Jürgensen, Kai-Uwe	0:30:32	1:00:31	1:31:04	2:02:00	2:33:50	3:08:06	3:43:06	4:20:53
<b>6</b>	Pieprytza, Mike	0:32:26	1:06:02	1:41:08	2:13:42	2:48:13	3:22:04	3:55:55	4:28:27
<b>7</b>	Richter, Andrea	0:31:21	1:04:20	1:36:37	2:09:00	2:42:49	3:16:21	3:54:10	4:31:11
	Ehlers, Harald	0:32:26	1:04:20	1:36:37	2:07:25	2:38:59	3:15:04	3:54:10	4:31:11
<b>9</b>	Henne, Hans-Albert	0:32:26	1:06:02	1:38:45	2:11:48	2:45:20	3:21:08	3:57:46	4:36:51
<b>10</b>	Koenig, Jörg	0:32:26	1:06:32	1:41:08	2:16:44	2:53:13	3:29:34	4:09:40	4:48:59
<b>11</b>	Weitkämper, Wolfgang	0:32:27	1:10:00	1:47:58	2:24:51	3:01:21	3:39:10	4:16:50	4:50:52
<b>12</b>	Scheffer, Ineke	0:32:27	1:08:00	1:45:30	2:23:59	3:01:48	3:39:51	4:17:18	4:52:18
	Andreesen, Andres	0:34:06	1:10:00	1:47:47	2:27:00	3:03:05	3:40:48	4:17:03	4:52:18